



COWBELL

MEETS FIRST AND THIRD FRIDAYS NOON AT 4055 INTERNATIONAL PLAZA

Affiliated with OPTIMIST INTERNATIONAL, TEXHOMA DISTRICT,

ZONE 5, CLUB # 38170

VOLUME·LXXXIV, #10, 2023–2024

March 13, 2024



March 11 – 15, 2024 **SPRING BREAK – FWISD**

Friday, March 15, 2024 – NOON LUNCHEON Program: 3rd Place Essay Contest winner and Meet and Greet

Board meeting immediately following luncheon at International Plaza.



March 17, 2024



Friday, April 19, 2024 **TCC SCHOLARSHIP PRESENTATIONS**

April 26 -27, 2024 **TexHoma District 3rd Quarter Meeting, Oklahoma City, OK**

Friday, May 3, 2024 **SSA SCHOLARSHIP PRESENTATIONS**

Friday, May 17, 2024 **Outstanding Junior Optimists Presentation**

COMMENTS FROM THE CAPTAIN

By President Fred Antonini

As Neil Hunt would say, "we do it for the kids". On Tuesday I drove to Steve McCoy's house in Granbury and the first thing I realized even more than before is how lucky we are to have a member so dedicated as Steve to make the drive to Fort Worth for our luncheons, other meetings, and for sports events; especially baseball. This year as we have moved away from paper registrations, he created an extensive spreadsheet that shows every player on every team with email addresses, jersey sizes and numbers, phone numbers, schools attending, home addresses, etc. etc. And he worked with the League Scheduler to make sure our 7 teams were properly scheduled with no conflicts...not an easy task for either him or the scheduler considering there are 111 teams in the league this year! PONY (Protect Our Nation's Youth) baseball is alive and well in our area and with our club. Being President of Fort Worth Optimist Youth Baseball has a lot of moving pieces including budgeting, working with the YMCA to have fields available, umpires hired, coaches informed, insurance procured, upset parents calmed, and registration with PONY to mention only a few.

So the next time you see Steve (and Tommy, his trusted mentor) tell them "thanks for doing our baseball program for the kids". Words of encouragement go far to help us in "Bringing Out the Best in Youth".

From the Deck...Fred

NEWS AND NOTES

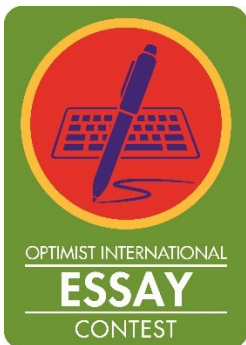
Friday, March 1, NOON LUNCHEON: *Essay Contest Winners*



Neil Hunt, Alisha Jordan, Tommy Janes and Paul Boudloche set the tone for the day by leading the group in the singing of "The Optimist Song".



Lt. Gov. Jeff Norman presented President Fred Antonini with the NTX District Club of the Year Banner for the Optimist year 2022-2023. Since the NTX District has merged with the Oklahoma District to become the TexHoma District, the NTX District banner will permanently remain in the possession of the OCFW!



Optimist International conducts an essay contest each year with a specific topic and specific guidelines. This year the topic is: "Optimism, How It Connects Us". Fred Antonini chaired this year's contest. Nineteen essays were submitted. Judges for the contest were: Jimmy Henderson, Debbie Verwers and Terry Headrick. The first-place winner will advance to the district level.

First and second-place winners read their essays and were presented with certificates, medallions, and scholarships. Both winners are from South Hills High School; one freshman and one sophomore! Special thanks to their teacher Annette Smith who encouraged her students to participate in the essay contest. Also, kudos to SHHS liaison Karen Janes Moser for having the most essays submitted from her school.



First place winner Lorely Saldivar with President Fred Antonini



Second place winner Abigail Gonzalez with President Fred Antonini



Abigail Gonzalez, Teacher Annette Smith, Lorely Saldivar

The third-place winner will read her essay at the noon luncheon Friday, March 15. She was unable to attend on the first due to a previous commitment.

SAVE THE DATE – CHARLES SCHWAB CHAMPIONSHIP

*The Charles Schwab Championship Golf Tournament (aka Colonial Invitational Golf Tournament) begins May 20. Once again, Optimist members and friends of Optimists will be working at a concession stand during the tournament. Concession workers are scheduled to work the **23rd through the 26th**. Mark your calendars! If you need more information or are interested in working, contact Stephanie Sullivan.*



OPTIMIST CREED

Promise yourself...

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all of your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, work only for the best and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



Optimist
INTERNATIONAL

Optimist Club of Fort Worth
Texas

2023-2024

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