



# COWBELL

MEETS FIRST AND THIRD FRIDAYS NOON AT 4055 INTERNATIONAL PLAZA

Affiliated with OPTIMIST INTERNATIONAL, TEXHOMA DISTRICT,

ZONE 5, CLUB # 38170

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September 4, 2024

## September

**Friday, September 6, 2024 – NOON LUNCHEON**, Program: Ashley Spangler/Marquardt discusses the state of current financial affairs

**Friday, September 20, 2024 – NOON LUNCHEON**, Program: **Election of Officers and Board Members** and **Joint Board Meeting** open to all Optimist members. Review, revise, renew and "press on to the greater achievements of the future". We will be planning and looking forward to the 2024-2025 Optimist year.

**Friday, September 27, 2024 - Installation Banquet**, Colonial Country Club, 6:30 Meet and Greet with Cash Bar; 7:30 - Dinner and Installation of 2024-2025 Officers and Board of Directors - Cost: \$60 per person - Valet included - Reservations required ( Contact Judi Janes at [judi.janes@yahoo.com](mailto:judi.janes@yahoo.com) or 817-781-1237 to make reservations)

## COMMENTS FROM THE CAPTAIN

*By President Fred Antonini*

My friends, I will make this brief. This past year I have OPTIMISTICALLY given the best of my time and enthusiasm to OUR club. Some things didn't work out, but most did. Last night I went to see You Gotta Believe, a movie about the Fort Worth Westside Little League and their trip to the Little League World Series in 2002. After having been to two PONY Zone tournaments and understanding how fragile life is, I sat there and cried. Why? Because I see we serve youth that NEEDED US and I am truly humbled. I have

tried to write articles to encourage participation that seem to have fallen on deaf ears. I can only hope that those of you who are not involved will understand how important your participation can be in the life of the YOUTH WE SERVE.

From the Deck

Fred

Postscript: I apologize for missing the meeting on the 16<sup>th</sup> as I had Flu Type B and pneumonia. And I would have liked to attend the meeting this Friday, but it is my grandson's 2<sup>nd</sup> birthday in Cincy and my daughter reminded me that the date has been on the calendar for two years! I will be back in town on the 10<sup>th</sup> through the month of September.

## NEWS AND NOTES

**FRIDAY, August 16, 2024** – **NOON LUNCHEON** Neil and his "Boom Box" once again provided an entertaining "**NAME THAT TUNE AND ARTIST**". He brought us songs like "Only the Lonely" by Roy Orbison, "Sunday Morning Coming Down" by Johnny Cash, "Blue Eyes Crying in the Rain" by Willie Nelson, "Take It Easy" by The Eagles plus many more. The winner was Tommy Janes.

*Lt. Governor Jeff Norman and President Elect Jimmy Henderson made a congratulatory video to be sent to the Wichita Falls Optimist Club. They are celebrating their 100<sup>th</sup> anniversary this year. The Wichita Falls Optimist Club actually sponsored the Optimist Club of Fort Worth in 1935.*



*Host Neil Hunt and his Boom Box*

# OPTIMIST CREED

## *Promise yourself...*

*To be so strong that nothing can disturb your peace of mind.*

*To talk health, happiness and prosperity to every person you meet.*

*To make all of your friends feel that there is something in them.*

*To look at the sunny side of everything and make your optimism come true.*

*To think only of the best, work only for the best and to expect only the best.*

*To be just as enthusiastic about the success of others as you are about your own.*

*To forget the mistakes of the past and press on to the greater achievements of the future.*

*To wear a cheerful countenance at all times and give every living creature you meet a smile.*

*To give so much time to the improvement of yourself that you have no time to criticize others.*

*To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.*



# Optimist INTERNATIONAL

Optimist Club of Fort Worth  
Texas

2023-2024

## CLUB OFFICERS/BOARD OF DIRECTORS

Chairman of the Board	Jeff Norman
President	Fred Antonini
President-Elect	Jimmy Henderson
Secretary	Judi Janes
Treasurer	Ron Gamill
Youth Activity Chair	Jalen Moore
Youth Activity Chair-Elect	Terry Headrick
Member At Large	Stephanie Sullivan
Member At Large	Steve McCoy
Member At Large	Carson Meinen
Member At Large	Tommy Janes
Member At Large	Anthony Munoz
Program Chair	Neil Hunt
Chaplain	Harriet Hunt
Sergeant-at-Arms	Terry Headrick

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